

**Institute for Excellence in Higher Education (IEHE),  
Bhopal (MP)**



NAAC Re-accredited (Third Cycle) Autonomous College  
Under the UGC Scheme with 'A' Grade (CGPA-3.10)

**Program Outcomes (POs),  
Program Specific Outcome (PSOs)  
&  
Course Outcomes (COs)  
of  
Department of Psychology**

**B.A. (Honours) Psychology**  
(Session: 2021-2022)

## **COURSES OFFERED IN THE INSTITUTE**

### **Under Graduate Courses**

- B.Com. Honours (Management/Account)
- **B.A. Honours** (Economics/History/**Psychology**/Sociology/Political Science/English Literature/Hindi Literature/Geography/Fashion Designing)
- B.Sc. Honours (Physics/Chemistry/Mathematics/Electronics/Biotechnology/Geography/Forensic-Science)

### **Post Graduate Courses**

- MA (English)
- MA (Economics)
- MA (Social Work)
- MA (History)
- MA (Public Administration)
- MA (Political Science)
- M.Com. (Management)
- M.Sc. (Physics)
- M.Sc. (Chemistry)
- M.Sc. (Biotechnology)
- M.Sc. (Mathematics)

### **Diploma Programme**

- 14 Vocational Programmes

### **Certificate Programme**

- 31 Vocational Programmes

### **Training Programmes**

- 09 Vocational Programmes

### **Special Programmes**

- 03 Vocational Programmes



## Department of Psychology

### Program Outcomes (PO) of the Under-Graduate Courses Offered in the Institute

- PO1: Domain Knowledge:** Capable of demonstrating comprehensive knowledge & understanding of one or more other disciplines that form a part of an undergraduate programme of study.
- PO2: Critical Thinking:** Critically evaluate practices, policies and theories by following scientific approach to knowledge development. Take informed actions after identifying the assumptions that frame our thinking and actions, checking out the degree to which these assumptions are accurate and valid, and looking at our ideas and decisions (intellectual, organizational, and personal) from different perspectives.
- PO3: Problem Solving and Analytical Skills:** Ability to think rationally, analyse situations and solve problems adequately.
- PO4: Information and Digital Literacy:** Capability to use ICT in a variety of learning situations. Demonstrate ability to access, evaluate and use a variety of relevant information sources; and use appropriate software for analysis of data.
- PO5: Communication Skills:** The capacity to communicate effectively using appropriate media, to present complex information in a clear & concise manner. Acquire the learning abilities by focusing on LSRW (Listening, Speaking, Reading & Writing skill, which provide a stage to the students to sharpen their capacity to learn more.
- PO6: Social Interaction and sensitivity towards the societal issues:** Work effectively and respectfully with diverse teams; facilitate cooperative or coordinated effort on the part of a group and act together as a group or a team in the interests of a common cause. Elicit views of others, mediate disagreements and help reach conclusions in group settings.
- PO7: Self-directed & Life-long Learning:** Acquire the potential to engage in independent & life-long learning in the broadest context socio-technological changes. Critical sensibility to live experiences, with self-awareness and reflexivity of both and society.
- PO8: Environment and Sustainability:** Understand the issues of environmental contexts & sustainable development.
- PO9: Moral and Ethical Awareness:** Ability to embrace moral/ ethical values in conducting one's life, possess knowledge of the values and beliefs of multiple cultures and a global perspective; and capability to effectively engage in a multicultural society and interact respectfully with diverse groups.
- PO10: Effective Citizenship:** Demonstrate empathetic social concern and equity centred national development, and the ability to act with an informed awareness of issues and participate in civic life through volunteering.
- PO11: Research-related skills:** A sense of inquiry and capability for asking relevant/appropriate questions, problematizing, synthesizing and articulating; Ability to recognize cause and effective relationships, define problems, formulate hypotheses, interpret and draw conclusions from data, ability to plan, execute and report the results of an experiment or investigation. Efficiency to apply one's learning to real life situations or in interdisciplinary areas.
- PO12: Leadership and Management Skills:** Competence to use skills in organizing for people to reach a shared goal. During leading a project, ability to motivate others to complete a series of tasks, often according to a schedule.
- PO13: Employability and Entrepreneurial Skill:** Ability to develop employability skills such as, positive attitude, good business sense, willingness to learn, resilience, ability to work under pressure, optimism, adaptability, perseverance and motivation, and a host of similar skills.



## Department of Psychology

### PROGRAMME OUTCOMES (PO): B.A.

Programme Outcomes	<i>Students seeking admission for B.A. programme, permeating following qualities which help them in their future life to achieve the expected goals:</i>
PO1	<b>Domain Knowledge:</b> Creating interest in basic and advance knowledge in literature of the subject concerned.
PO2	<b>Critical Thinking:</b> Critically evaluate practices, policies and theories by following humanistic approach to knowledge development. Focussing more on inculcating creative ability.
PO3	<b>Problem Analysis:</b> Identifying, formulating and analysing complex problems, reaching substantiated conclusions using case studies, surveys & quizzes, field visits, etc.
PO4	<b>Communication Skills:</b> Ability to express thoughts and ideas effectively & communicate with others using appropriate media.
PO5	<b>Information and Digital Literacy:</b> Capability to use ICT in a variety of learning situations such as browsing sources of data & literature. Analysing the data with the help of appropriate software/apps. Writing reports & assignments using appropriate software.
PO6	<b>Social Interaction and sensitivity towards the societal issues:</b> Getting acquainted with social transactions, social relations, social formations, social control, social values and culture.
PO7	<b>Effective Citizenship:</b> Demonstrate empathetic social concern and equity centred national development to be responsible and law-abiding citizen.
PO8	<b>Moral and Ethical Awareness:</b> Ability to embrace moral/ethical values in conducting one's life, possess knowledge of the values and beliefs of multiple cultures and a global perspective.
PO9	<b>Environment &amp; Sustainability:</b> Understanding the impact of social and economic behaviour on societal and environmental issues, realizing the need of sustainable development.
PO10	<b>Self-directed and Life-long Learning:</b> Acquire the potential to learn latest development in the subject concerned and to engage in independent and life-long learning
PO11	<b>Research-related Skills:</b> Getting acquainted with emerging areas and dimensions of the subject concerned and its relevance in society, polity and economy with future prospects.
PO12	<b>Leadership Skills:</b> Ability to lead a project and to motivate others to complete a series of tasks.
PO13	<b>Employability Skill:</b> Ability to develop employability skills such as, positive attitude, administrative skill, presentation skill, cooperative skill, willingness to learn, resilience, ability to work under pressure, optimism, adaptability, client relations and motivation, and a host of similar skills.



## Department of Psychology

### Programme Specific Outcomes (PSO): Psychology (Honours/Major Subject)

Programme Specific Outcomes	<i>The students taking up this program of BA with Psychology (Honours/Major) as a special subject of study, receive the following outcomes:</i>
PSO-1	Motivating students for clear and accurate understanding of basic concepts theories & principles for its uses in other branches of psychology and practical uses.
PSO-2	Develop evaluative approach to theories by in-depth & comparative discussion over theories for competitive exams
PSO-3	Selecting relevant issues & formulating an appropriate methodology for useful conclusions to the society & social problems
PSO-4	Emphasizing use of subject specific communication skills like using technical & effective terms for client counselling or any
PSO-5	Providing environment for technology uses in psychology for research counselling and other fields
PSO-6	Sensitize students by analysing literature articles at psychologically and preparing reports as lab assignment activities.
PSO-7	Having discussion on everyday issues in a fast-changing society & develop a value-oriental human being.
PSO-8	Developing knowledge of person environment interaction & different aspects of environment psychology
PSO-9	Inculcating deeper knowledge for self-dependent, intellectually independent individually
PSO-10	Having leadership qualities & employability to making aware of research need, significance & its rigourness for genuine socially implicable findings.

### Mapping of PSOs of BA Psychology (Honours/Major) with POs of Under-Graduate

	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PO13
PSO-1	*	*	*			*	*		*		*		*
PSO-2	*	*	*				*		*				
PSO-3	*	*	*		*	*	*		*	*	*		*
PSO-4	*	*	*	*	*	*	*	*	*	*	*	*	*
PSO-5	*	*	*	*	*	*	*	*	*	*	*	*	*
PSO-6	*	*	*	*		*	*	*			*		
PSO-7	*	*	*		*	*	*	*	*	*		*	*
PSO-8	*	*	*	*	*	*	*	*	*	*	*	*	*
PSO-9	*	*	*		*	*	*		*		*	*	*
PSO-10	*	*	*	*	*	*	*				*	*	*



## Department of Psychology

### Course Outcomes (CO)s

#### Semester: I

#### Basic Psychological Process (Major)

Code: MNA-131

Course Outcomes	<i>The students taking up this course of BA with Basic Psychological Process (Minor) as a special subject of study receive the following outcomes:</i>
CO-1	Students would learn about basic concepts theoretical approaches of psychology & scope also.
CO-2	Students would develop better understanding of psychology processors like sensation attention, perception & reasoning decision making.
CO-3	The knowledge of psychology abilities like intelligence aptitude and personality characteristics would be developed.
CO-4	Students would be enabled to utilize the knowledge in other applied areas of life.
CO-5	All the fundamental knowledge of psychology would prepare students for competitive examinations.

#### Semester: I

#### Introduction to Psychology (Minor)

Code: MNA-132

Course Outcomes	<i>The students taking up this course of BA with Introduction to Psychology (Major) as a special subject of study receive the following outcomes:</i>
CO-1	To provide strong base of knowledge to the students about psychological concepts, Historical development.
CO-2	To enable logical organisation of mental processes with its everyday application.
CO-3	To promote research activity on the basic mental processes and activities to add new aspects in the knowledge.
CO-4	To orient students for critical analyses of theoretical structure in psychology.
CO-5	To enhance value aided knowledge for value-oriented individual of society.

#### Semester: I

#### Psychological Processes and Applied Perspective (Generic Elective) Code: GEA-131

Course Outcomes	<i>The students taking up this course of BA/BSc/BCom with Psychological Processes and Applied Perspective (Generic Elective) as a special subject of study receive the following outcomes:</i>
CO-1	Psychology as a fast-growing subject in every discipline would be helpful for students from diverse discipline.
CO-2	Applied Perspective of psychology theories and concepts would broaden the horizon of thinking.
CO-3	The paper has been intended for inter disciplinary knowledge and would be serving the purpose.
CO-4	Psychology as useful for one's life and health are going to be used by majority of young minds & contributing to mental health.
CO-5	Psychology and its applicability would generate interest and research.



## Department of Psychology

### Semester: II

#### Psychological Disorders (Major)

Code: MJA-231

Course Outcomes	<i>The students taking up this course of BA with Psychological Disorders (Major) as a special subject of study receive the following outcomes:</i>
CO-1	The curriculum would enrich the knowledge of psychological disorders with modern perspective comparative new of fundamental concepts of disorders.
CO-2	Psychological disorders would be explained in right of various theories
CO-3	The paper is to orient students about psychological disorders from DSM -V
CO-4	The paper would also educate about ICD-11 classification interpretation of psychological disorders.
CO-5	The curriculum would serve as preventive role for mental health.

### Semester: II

#### Psychopathology (Minor)

Code: MNA-232

Course Outcomes	<i>The students taking up this course of BA with Psychopathology (Minor) as a special subject of study receive the following outcomes:</i>
CO-1	Students would be aware of fundamental concepts of normality, abnormality, neurotic & psychotic disorders.
CO-2	Students would understand latest classification of psychopathology known as DSM-V.
CO-3	The curriculum would enable students to understand psychopathology in the light-of importance theories.
CO-4	Major psychopathological disorders would be explained with its characteristics and causes.
CO-5	The paper would develop healthy individual and society.

### Semester: II

#### Psychopathology & Psychotherapy (Generic Elective)

Code: GEA-231

Course Outcomes	<i>The students taking up this course of BA with Psychopathology &amp; Psychotherapy (Generic Elective) as a special subject of study receive the following outcomes:</i>
CO-1	Helping to understand psychopathological problems, types modern classification DSM V & differences.
CO-2	Identifying psychological disorders by knowing characteristics and causes as preventive measure.
CO-3	Students would help their faculties and society by extending the knowledge of psychopathology.
CO-4	Will prepare students with growing interest in the field of psychopathological research.
CO-5	The curriculum would prepare/equip with skills to deals with psychopathological problems in some NGOs.

## Department of Psychology

### Semester: III

#### Biological Basis of Behaviour (Honours-I)

Code: A-331

Course Outcomes	<i>The students taking up this course of BA with Biological Basis of Behaviour (Honours-I) as a special subject of study receive the following outcomes:</i>
CO-1	Students would be acquainted with understanding of body-mind Relationship and basic concepts of cell & Biology of the nervous system & psychological process.
CO-2	Students would understand applied areas and nature of cognition & neural bases
CO-3	Preparing for research in emerging area of cognitive Neuroscience.
CO-4	Understanding of Neuro-plasticity and psychoneuroimmunology would help in Covid effects.
CO-5	The paper would help in life-long learning in growth of Cognitive processes, Arousal processes.

### Semester: III

#### Human Developments (Honours-II/Subsidiary)

Code: A-332

Course Outcomes	<i>The students taking up this course of BA with Human Developments (Honours-II/Subsidiary) as a special subject of study receive the following outcomes:</i>
CO-1	Understanding developmental stages and processes of human development, its theories, laws of development
CO-2	Knowledge base of human development would contribute in healthy growth of individual and society.
CO-3	It would be helpful for students to use the knowledge in their personal life, family facility & other issue of modern life.
CO-4	Research interest would be generated in the area which is required in modern life with developmental approach of organizational & cross sectional.
CO-5	Students would get opportunity to work in various fields like NCERT, ECCE policy making for human development. Also, with elderly and young generation issues.

### Semester: IV

#### Organizational Behaviour (Honours-I)

Code: A-431

Course Outcomes	<i>The students taking up this course of BA with Organizational Behaviour (Honours-I) as a special subject of study receive the following outcomes:</i>
CO-1	The paper would provide rich knowledge of important concepts, theories of organizational behaviour at workplace
CO-2	Preparing students for productive & effective work environment, for satisfaction and commitment organizational development
CO-3	Helping to development organizational at leadership
CO-4	Research would be very important Area of work for students as almost of all us think of success at job.
CO-5	Would enable for employability attitude & aptitude Skills



## Department of Psychology

### Semester: IV

#### Counselling Psychology (Honours-II/Subsidiary)

Code: A-432

Course Outcomes	<i>The students taking up this course of BA with Counselling Psychology (Honours-II/Subsidiary) as a special subject of study receive the following outcomes:</i>
CO-1	Acquiring knowledge related to counselling processes, interview, skills & theories
CO-2	Developing counselling skills, interview techniques as useful in working as counsellor or assistant.
CO-3	Equipping insight for self-counselling and helping others also
CO-4	Applications of counselling would broaden the work awareness as specialized counsellor.
CO-5	Indian approach to counselling is going to help accomplishing the approaches all types.

### Semester: V

#### Psychological Assessment (Honours-I)

Code: A-531

Course Outcomes	<i>The students taking up this course of BA with Psychological Assessment (Honours-I) as a special subject of study receive the following outcomes:</i>
CO-1	Enhancing knowledge of psychological assessment tools & its types are essential for its appropriate use.
CO-2	Construction of tests its ethical issues are important professional dimension.
CO-3	Standardization of tests would also provide familiarity with ethical standards.
CO-4	Being important tool of research, it would facilitate in research activity too.
CO-5	Students can establish their publishing house with moral awareness and can work in the field of psychodiagnostics.

### Semester: V

#### Health Psychology (Honours-II/Subsidiary)

Code: A-532

Course Outcomes	<i>The students taking up this course of BA with Healthy Psychology (Honours-II/Subsidiary) as a special subject of study receive the following outcomes:</i>
CO-1	Understanding the concept of psychosomatic disease concept of health, theories of health belief etc which is crucial in modern time
CO-2	Developing awareness/knowledge of health issues factors, consequences work as self-directed, self-help life-long learning
CO-3	Specific topics related to children, women and elderly group would be contributing to society for wellness at greater level.
CO-4	Students would get opportunity to work in UNICEF, WHO, Health Dependent so on.
CO-5	Health & lifestyle belief systems would develop healthy individual a healthy citizen stress management

## Department of Psychology

### Semester: VI

#### Psychological Research Methods (Honours-I)

Code: A-631

Course Outcomes	<i>The students taking up this course of BA with Psychological Research Methods (Honours-I) as a special subject of study receive the following outcomes:</i>
CO-1	Acquiring knowledge of psychological research concepts methodology and methods for genuine research.
CO-2	Promoting various research types and appropriate tools/ techniques & methods research design & variables.
CO-3	Motivating students to do research projects at graduation level for working as research assistant NGOs.
CO-4	Enhancing group research projects and using collaborative approach.
CO-5	Including ethical issues in research by thorough discussion and corrections.

### Semester: VI

#### Applied Psychology (Honours-II/Subsidiary)

Code: A-632

Course Outcomes	<i>The students taking up this course of BA with Applied Psychology (Honours-II/Subsidiary) as a special subject of study receive the following outcomes:</i>
CO-1	Enriching knowledge of various applied areas of psychology.
CO-2	Promoting broad knowledge for students' growth motive and relating to various settings of life.
CO-3	Equipping knowledge & skills for employment.
CO-4	Helping to develop a society with prospective attitude contributing effectivity in the society, environmental person interaction perspective.
CO-5	Promoting interdisciplinary knowledge collaborative efforts in various fields.



## Department of Psychology

**Programme: BA (Major/Honours-I)      Subject: Psychology**

### Mapping of COs with PSOs for Semester-I (Major)

Course		PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	PSO9	PSO10
<i>Paper Title: Basic Psychological Processes</i>  <i>Paper Code: MJA-131</i>	CO1	*	*		*		*	*	*	*	
	CO2	*	*	*		*	*			*	
	CO3	*	*	*	*		*	*		*	*
	CO4	*	*	*	*	*	*	*	*	*	*
	CO5	*	*	*		*	*	*	*	*	*

### Mapping of COs and PSOs for Semester-II (Major)

<i>Paper Title: Psychological Disorders</i>  <i>Paper Code: MJA-231</i>	CO1	*	*	*	*	*	*	*	*	*	*
	CO2	*	*	*	*	*	*	*	*	*	*
	CO3	*	*	*	*	*	*	*	*	*	*
	CO4	*	*	*	*	*	*	*	*	*	*
	CO5	*	*	*	*	*	*	*	*	*	*

### Mapping of COs and PSOs for Semester-III (Honours-I)

<i>Paper Title: Biological Basis of Behaviour</i>  <i>Paper Code: A-331</i>	CO1	*	*	*	*	*	*	*		*	
	CO2	*	*	*	*	*	*	*		*	
	CO3	*	*	*	*	*	*			*	
	CO4	*	*	*	*	*	*			*	
	CO5	*	*	*	*	*	*	*		*	*

### Mapping of COs and PSOs for Semester-IV (Honours-I)

<i>Paper Title: Organizational Behaviour</i>  <i>Paper Code: A-431</i>	CO1	*	*	*	*	*		*	*		
	CO2	*	*	*		*	*	*	*	*	*
	CO3		*	*		*		*		*	*
	CO4		*		*	*	*	*		*	*
	CO5		*		*	*	*	*		*	*

### Mapping of COs and PSOs for Semester-V (Honours-I)

<i>Paper Title: Psychological Assessment</i>  <i>Paper Code: A-531</i>	CO1	*	*	*	*	*					*
	CO2	*	*	*		*	*			*	*
	CO3		*	*		*	*				*
	CO4	*		*		*		*			*
	CO5	*				*	*	*		*	*

### Mapping of COs and PSOs for Semester-VI (Honours-I)

<i>Paper Title: Psychological Research Methods</i>  <i>Paper Code: A-631</i>	CO1	*	*				*				
	CO2	*	*		*	*	*				
	CO3	*	*	*			*	*	*	*	*
	CO4	*	*	*	*	*	*	*		*	*
	CO5	*	*				*			*	*



## Department of Psychology

**Programme: BA (Minor/Honours-II/Subsidiary)**

**Subject: Psychology**

### Mapping of COs with PSOs for Semester-I (Minor)

Course		PS01	PS02	PS03	PS04	PS05	PS06	PS07	PS08	PS09	PS010
<b>Paper Title:</b> <b>Introduction to Psychology</b> <b>Paper Code:</b> <b>MNA-132</b>	CO1	*	*		*		*	*	*	*	
	CO2	*	*	*		*	*			*	
	CO3	*	*	*	*		*	*		*	
	CO4	*	*	*	*	*	*	*	*	*	*
	CO5	*	*	*		*	*	*	*	*	*

### Mapping of COs and PSOs for Semester-II (Minor)

<b>Paper Title:</b> <b>Psychopathology</b> <b>Paper Code:</b> <b>MNA-232</b>	CO1	*	*	*	*	*	*	*		*	
	CO2	*	*	*	*	*	*	*		*	
	CO3	*	*	*	*	*	*			*	
	CO4	*	*	*	*	*	*	*		*	
	CO5	*	*	*	*	*	*			*	*

### Mapping of COs and PSOs for Semester-III (Honours-II/Subsidiary)

<b>Paper Title: Human Development</b> <b>Paper Code: A-332</b>	CO1	*	*	*	*	*	*	*	*	*	*
	CO2	*	*	*	*	*	*	*	*	*	*
	CO3	*		*	*	*	*	*	*	*	
	CO4		*	*	*	*	*	*	*		*
	CO5		*	*	*	*	*	*	*		*

### Mapping of COs and PSOs for Semester-IV (Honours-II/Subsidiary)

<b>Paper Title:</b> <b>Counselling Psychology</b> <b>Paper Code: A-432</b>	CO1	*	*	*	*	*	*	*		*	*
	CO2	*	*	*	*	*	*	*	*	*	*
	CO3	*	*	*	*	*	*	*		*	*
	CO4	*	*	*	*	*	*	*		*	*
	CO5	*	*	*	*	*	*	*		*	*

### Mapping of COs and PSOs for Semester-V (Honours-II/Subsidiary)

<b>Paper Title: Health Psychology</b> <b>Paper Code: A-532</b>	CO1	*	*	*			*	*			*
	CO2	*		*	*	*	*	*		*	*
	CO3	*	*	*	*	*	*	*	*		*
	CO4					*				*	*
	CO5	*		*	*	*	*	*	*	*	*

### Mapping of COs and PSOs for Semester-VI (Honours-II/Subsidiary)

<b>Paper Title: Applied Psychology</b> <b>Paper Code: A-632</b>	CO1	*	*					*	*		
	CO2	*	*	*	*	*	*	*	*	*	*
	CO3	*			*	*	*		*	*	*
	CO4			*	*	*	*	*	*	*	
	CO5	*	*	*	*	*	*	*	*		



## Department of Psychology

**Programme: BA/BSc/BCom (Generic Elective)**

**Subject: Psychology**

### Mapping of COs with PSOs for Semester-I (Generic Elective)

Course		PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	PSO9	PSO10
<i>Paper Title:</i> <b>Psychological Processes &amp; its Applied Perspective</b>	CO1	*	*		*		*	*	*	*	
	CO2	*	*	*		*	*			*	
	CO3	*	*	*	*		*	*		*	
	CO4	*	*	*	*	*	*	*	*	*	*
<i>Paper Code: GEA-131</i>	CO5	*	*	*		*	*	*	*	*	*

### Mapping of COs and PSOs for Semester-II (Generic Elective)

<i>Paper Title:</i> <b>Psychopathology &amp; Psychotherapy</b>	CO1	*	*	*	*	*	*	*		*	
	CO2	*	*	*	*	*	*	*		*	
	CO3	*	*	*	*	*	*			*	
	CO4	*	*	*	*	*	*			*	
<i>Paper Code: GEA-231</i>	CO5	*	*	*	*	*	*	*		*	*

  
24/09/2021

(IQAC Coordinator)



(Convenor, Academic Committee)

संयोजक  
अकादमिक समिति  
उच्च शिक्षा उत्कृष्टता संरक्षण  
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