

Institute for Excellence in Higher Education (IEHE), Bhopal

Department of English
Program Code:

Syllabus: Theory Paper (3+1 Credits)

PART-A: Introduction

Program: B.A/B.Sc/B.Com

Semester: IV

Session: w.e.f. 2022-2023

Subject: English

1.	Course Code	SEC-404
2.	Course Title	Personality Development
3.	Course Type	Vocational
4.	Pre-Requisite (if any)	Those who have studied Personality Development in the previous semester will be entitled to study this paper
5.	Course Outcomes (COs)	After completing this course, the students will be able to: CO-1: Gain the knowledge of Personality Dynamics, CO-2: Learn to implement techniques of Personality Development, CO-4: Develop core skills of self-resilience and assertiveness in their personality, CO-5: Learn Interview skills, CO-6: Understand about the importance of life skills needed for personality development.
6.	Credit Value	3+1

PART-B: Content of the Course

Total No. of Lectures + Practical 4 L Per Week

Total No. of Lectures L-45+P-15

Module	Topics	No. of Lectures (Hrs)
I	Dynamics of Personality	15

Code Details: Gender – [1], Environment & Sustainability – [2], Human-Values – [3], Professional-Ethics [4], Employability – [5], Entrepreneurship - [6], Skill-Development [7]

Signature of Members:

(1) Ashish
(6) [Signature]

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Date of BOS: 22/11/22

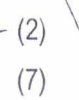
Signature of the Chairmen (BOS):

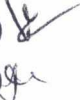
Name: Dr. G. Shankar

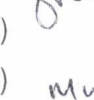
	Nature and Determinants Classification of Personality; Introvert, Extrovert and Ambivert Jung, Sheldon, Kretschmer and Five factor theory Techniques of Personality Development; Self-control, Self-resilience, Self-esteem, Self-confidence, Factors affecting Assertiveness, Pro-Social Behavior, and Interpersonal Relationship issues, Interview Skills. ^[3]^[7]	
II	Emerging Areas of Personality Development Life Skills: Definition and Importance of Social Image, International and Social etiquettes, Social grace and Table manners. ^[7] Social Intelligence and Personality Development (SQ) ^[4] Emotional Intelligence and Personality Development (EQ) Spiritual Intelligence and Personality Development (SPQ)	15
III	Working on Attitudes; Concept, Significance, Factors affecting attitudes. Positive attitude and its advantages, Negative attitude and its disadvantages, Ways to improve positive attitude, Aggressive attitude, Assertive attitude and Submissive attitude, Difference between submissive attitude and aggressive attitude, Lateral thinking ^[3]^[4]^[7]	15
	Practical	

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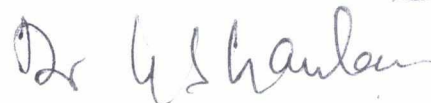
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Case Study Aggression Management, Group Discussion Reporting, Interview on any successful personality Self-introduction, Problem and Conflict solving: process and resolution. Report Writing on Spiritual Intelligence and 360 degree self-assessment. ^{[4][6][7]} Public Speaking Project/Field trip 1. Submit a report on stress management 2. Visit to any one centre for mentally disabled and submit report based on their personality development. ^[3]	15
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PART-C: Learning Resources

Textbooks, Reference Books, Other Resources

Andrews, Sudhir (1988). How to Succeed at Interviews, 21st (rep) Tata McGraw-Hill, New Delhi.

Covey, Stephen. (1989). The 7 Habits of Highly Effective People. NY: Free press

Hinde, Tim. (2003). Reducing Stress. Essential Manger Series. DK Publishing.

Lucas, Stephen (2001). Art of Public Speaking. Tata McGraw-Hill, New Delhi.

Petes S. J., Francis (2011). Soft Skills and Professional communication. Tata McGraw-Hill, New Delhi.

Smith, B. (2004). Body Language. Rohan Book Company, Delhi.

Hall. C S Lindzey. G & Campbell, J B (2007) Theories of Personality. 4th Edn. Wiley India.

Kundu. C L (1989) Personality Development. ND Sterling, Pub.

Suggestive digital platform web links

<https://www.Glowandlovelycareers.in/en/course-detail/niit-156/basics-of-communication>

<https://www.Glowandlovelycareers.in/en/course-detail/englishedge-904/social-etiquette>

<https://www.Glowandlovelycareers.in/en/course-detail/niit-161/self-presentation>

Equivalent Courses (NPTEL/UGC/IGNOU/etc.)

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Signature of Members:

(1)

Dr. Ashish Gupta

(2)

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Signature of the Chairman (BOS):

Name:

PART-D: Assessment and Evaluation (For theory and Practical of 3+1 credits)

Internal Assessment:		External Evaluation:	
Continuous Comprehensive Evaluation (CCE): 40 Marks <i>The distribution of marks shall be as follows:</i>		Term-end Examination (EE): 60 Marks Time: 3 hours	
(1) Class Tests [#] (best 2 out of 3)	2 × 10 Marks	Section (A): 12 (MCQ) questions of one mark each.	12 × 01 = 12 Marks
(2) Any one of the following: - Quizzes/Objective Tests^{##} (best 1 out of 2) - Group Tasks (Group Discussion/Fishbowl Technique; Role-Play/Authentic-Problem Solving)	08 Marks		
(3) Any one of the following: - Home Assignments (followed by presentation) - Class Assignments - Class-Teaching - Poster Presentations - Portfolios - Annotated Bibliographies* - Reports* - Book Review* - Article Review* - Journal Writing* - Paper Presentations* - Seminar* - Field Assignments*	08 Marks	Section (B): Four short questions with internal choice (200 Words Each)	04 × 04 = 16 Marks
* Only for Fast-Learners/3 rd & 4 th yr. students.			
(4) Attendance 75%-80% : 01 Mark 80%-85% : 02 Marks	04 Marks	Section (C): Four long questions with internal choice	04 × 08 = 32 Marks

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Name: Dr. Ashish Gupta

○ 85%-90% : 03 Marks ○ 90% & above: 04 Marks		(500 Words Each)	
Total (A+B+C+D):	40 Marks	Total (A+B+C):	60 Marks

Practical Part D

Scheme of marks

Assignment/Project 50 marks

PPT/Presentation 25 marks

Viva-voce=25 marks

Total 100 Marks

Open-Book/Open-Notes Tests/Class-Assignment

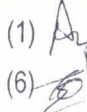
- Self-Test / Online Test
- Essay/Article Writing
- Case Studies (Only for 3rd & 4th year students)

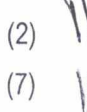
Quizzes/Objective Tests should include the following types of questions:

- Recognition Type (such as MCQs; Multiple Response; True or False; Matching; Classifying)

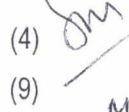
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Date of BOS:

Signature of the Chairmen (BOS):

Name: 
Dr. G. K. Chaudhary